

Get help fast! Call 044 691 3722!

Call **044 691 3722** to get help in any emergency. Tell them your name and home address and answer their questions. Make sure your house is clearly numbered so that the helpers can reach you quickly.



My home address is:

1. If a fire breaks out, who should you call for help?
 - a) your neighbours
 - b) the police
 - c) 044 691 3722
2. Does your whole family know the emergency number 044 691 3722?
3. Have you written 044 691 3722 next to your phone where everyone can see it?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Mossel Bay : Fire and Rescue Services

Fire and life safety starts at home



Dear children

I'm your friendly firefighter and this is my dog Max. Many children get hurt in fires every year. Here are **seven** important things that will help you protect yourself from fire...

Read through each of the seven messages with your friends and family. Talk about the pictures and answer the questions at the bottom of each page.

Remember - fire and life safety starts at home - so share what you have learnt with your friends and family!



Here's how you can make a difference:

- ❖ Tell adults to keep matches and lighters in a safe place — out of sight, out of reach and out of mind of young children.
- ❖ Learn how to stop, drop and roll and crawl low under smoke. Teach this to your friends and family.
- ❖ Learn how to cool a burn.
- ❖ Get together with your whole family to plan your escape, and
- ❖ Make sure you know your home address and how to phone 044 691 3722 for help in an emergency.



MOSSEL BAY FIRE AND RESCUE SERVICES
 Fire and Life Safety Education
 Tel: 044 691 3722 Fax: 044 691 1480



1

Keep matches and lighters in a safe place

Playing with matches and lighters is dangerous because a small fire can easily burn out of control.

Matches and lighters should be kept safely — out of sight, out of reach and out of mind of children.

If you find matches or lighters, tell an adult to put them in a safe place.



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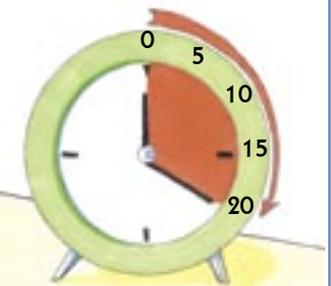
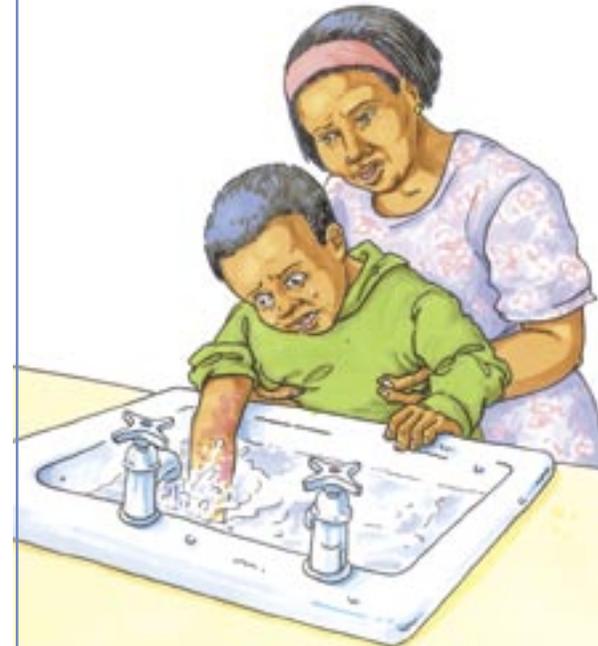
- | | Yes | No |
|---|--------------------------|--------------------------|
| 1. Are matches and lighters kept out of sight, out of reach and out of mind of children in your home? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. If not, have you told your parents to put them in a safe place? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Will you tell an adult if you see a friend playing with matches and lighters? | <input type="checkbox"/> | <input type="checkbox"/> |

6

Cool a burn!

Act fast to cool a burn. Put it in cool water for 20 minutes.

Tell your parents to use cool water and never put cream, butter, oil, ice or toothpaste on a burn. These things will make the burn worse.



Cool a burn for 20 minutes

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- | | | |
|---|--------------------------|--------------------------|
| 1. What should you do if you burn your hand: | Yes | No |
| a) cool the burn in cool water | <input type="checkbox"/> | <input type="checkbox"/> |
| b) stop, drop and roll | <input type="checkbox"/> | <input type="checkbox"/> |
| c) put butter on the burn | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have you taught your parents how to cool a burn? | <input type="checkbox"/> | <input type="checkbox"/> |

5

Stop! Drop! and Roll!

If your clothes catch on fire, act fast to put out the flames.



Stop and do not run.



Drop to the ground and cover your face with your hands.



Roll over and over to put out the flames.



1. When should you stop, drop and roll:

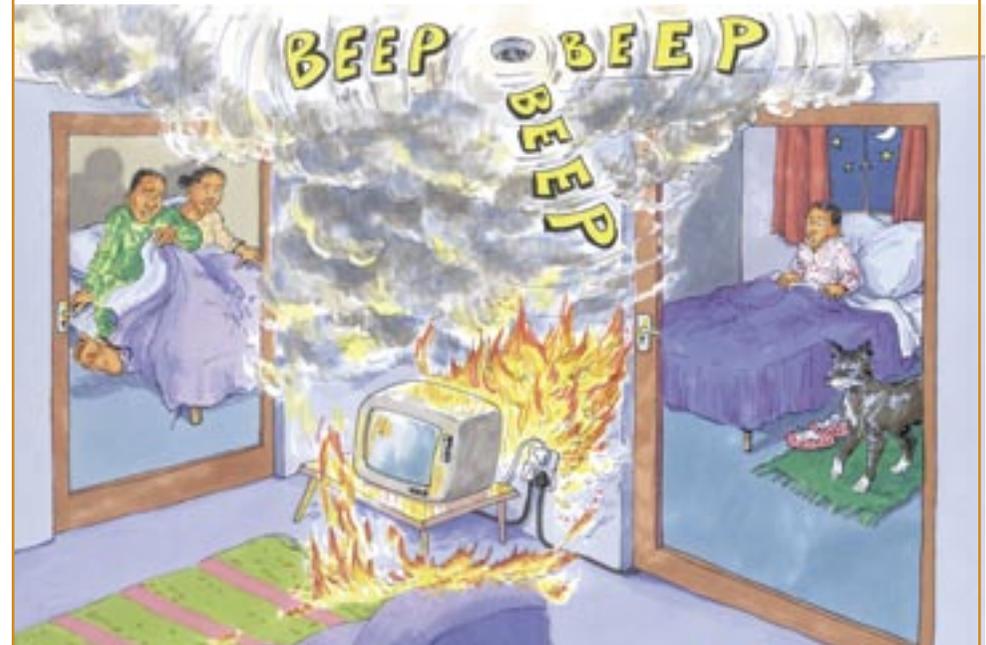
- a) when your clothes catch on fire
- b) when you burn your hand on the stove
- c) when you hear the smoke alarm

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

2. Have you taught your whole family to stop, drop and roll? Yes No

2

Wake up! Get a smoke alarm!



Most house fires start at night. A smoke alarm will wake you up **before** the fire burns out of control. So wake up and get a smoke alarm — it could save your life!

When you hear the smoke alarm, there's no time to lose... Don't try to save your things. Get out of the house and stay out!



1. If you hear the smoke alarm, what should you do?

- a) Roll over and go back to sleep
- b) Get out and stay out
- c) Save your things

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

2. Do you have a smoke alarm in your home?

If not, have you asked your parents to buy one?

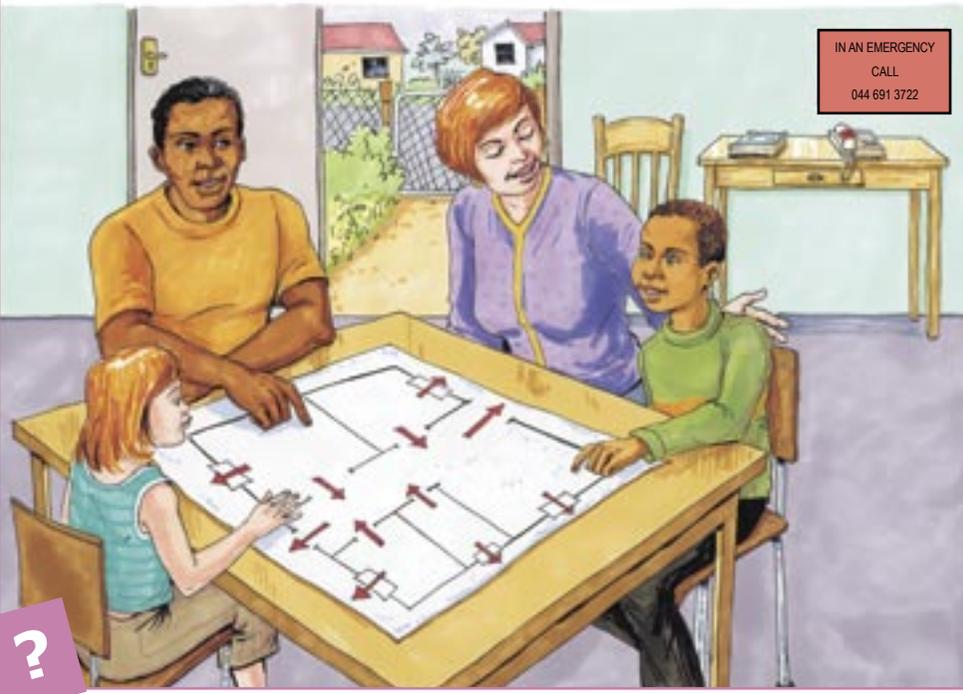
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

3

Plan your escape

Many people get trapped inside their homes when a fire breaks out.

Plan your escape. Make sure there is more than one way out of every room, so you can escape easily. Choose a safe place to meet outside your home. Practice your escape plan with your whole family.



?

- | | Yes | No |
|---|--------------------------|--------------------------|
| 1. Have you planned how to escape a fire in your home? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Is there more than one way out of every room? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Have you practised your escape plan with the whole family? | <input type="checkbox"/> | <input type="checkbox"/> |

4

Crawl low under smoke

If a fire breaks out, you need to get out and stay out! Smoke is **hot!** You can die from breathing in smoke. So crawl low under smoke to escape the fire. Stay low and go, go, go!



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Crawl on your hands and knees. Don't belly crawl. Poisonous gases sink down to the floor.

- | | Yes | No |
|--|--------------------------|--------------------------|
| 1. If a fire breaks out, you should: | | |
| a) run outside | <input type="checkbox"/> | <input type="checkbox"/> |
| b) crawl low under smoke | <input type="checkbox"/> | <input type="checkbox"/> |
| c) get out and stay out | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have you practised crawling low under smoke with your whole family? | <input type="checkbox"/> | <input type="checkbox"/> |