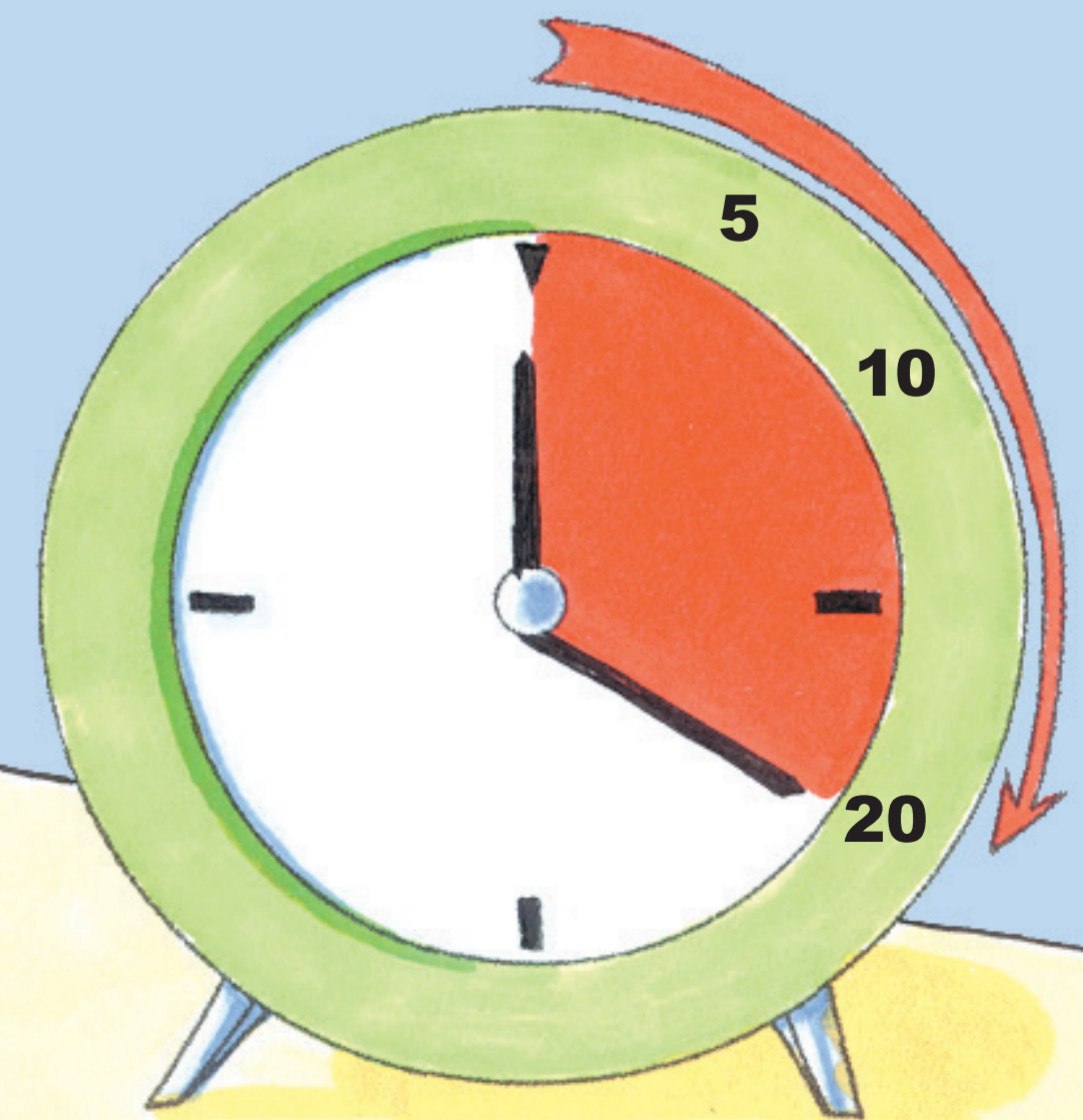


Cool a burn!



Cool a burn with cool water!

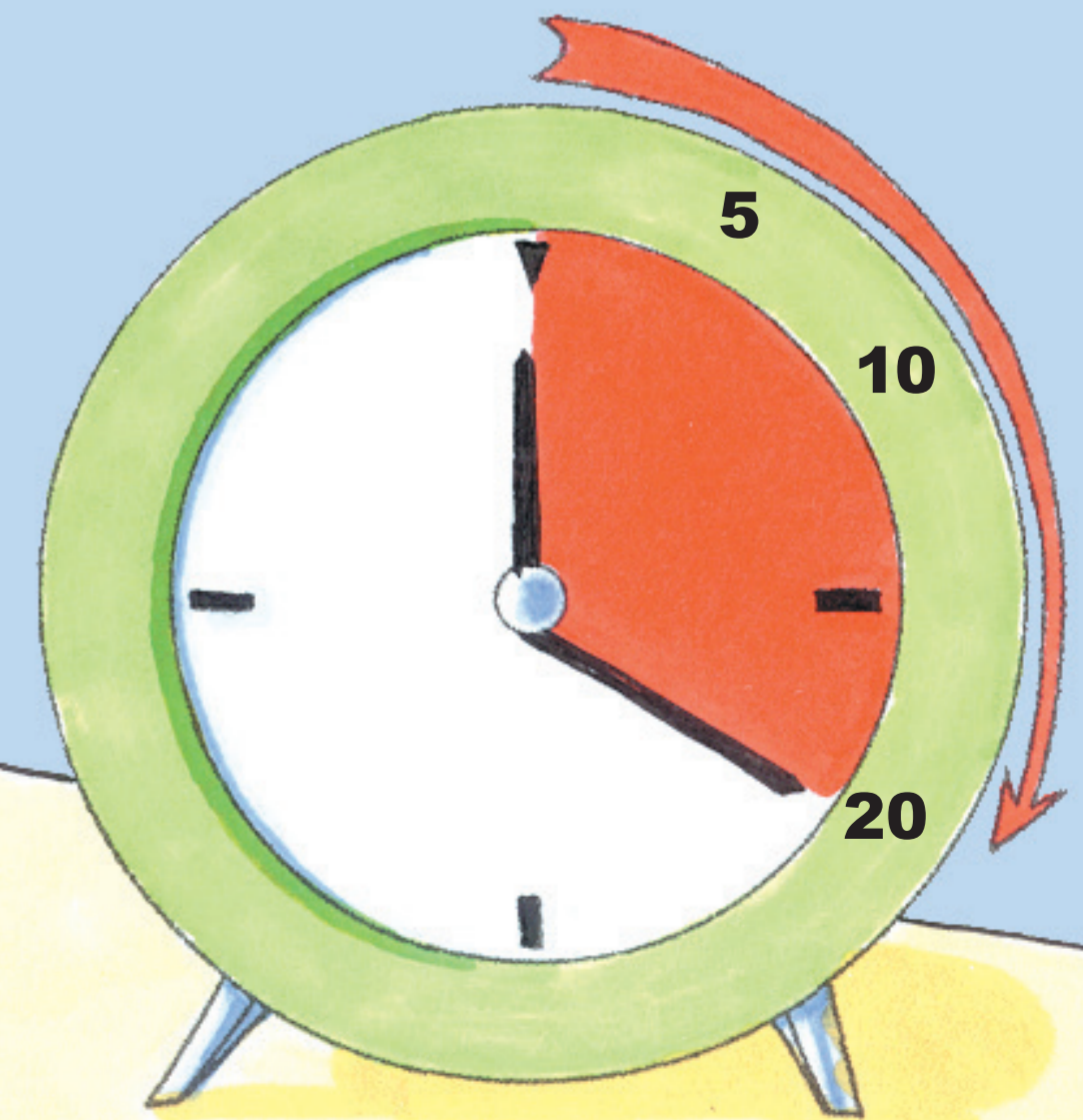


Keep it cool for 20 minutes.

Pholisa ukutsha!



Pholisa ukutsha ngamanzi abandayo!

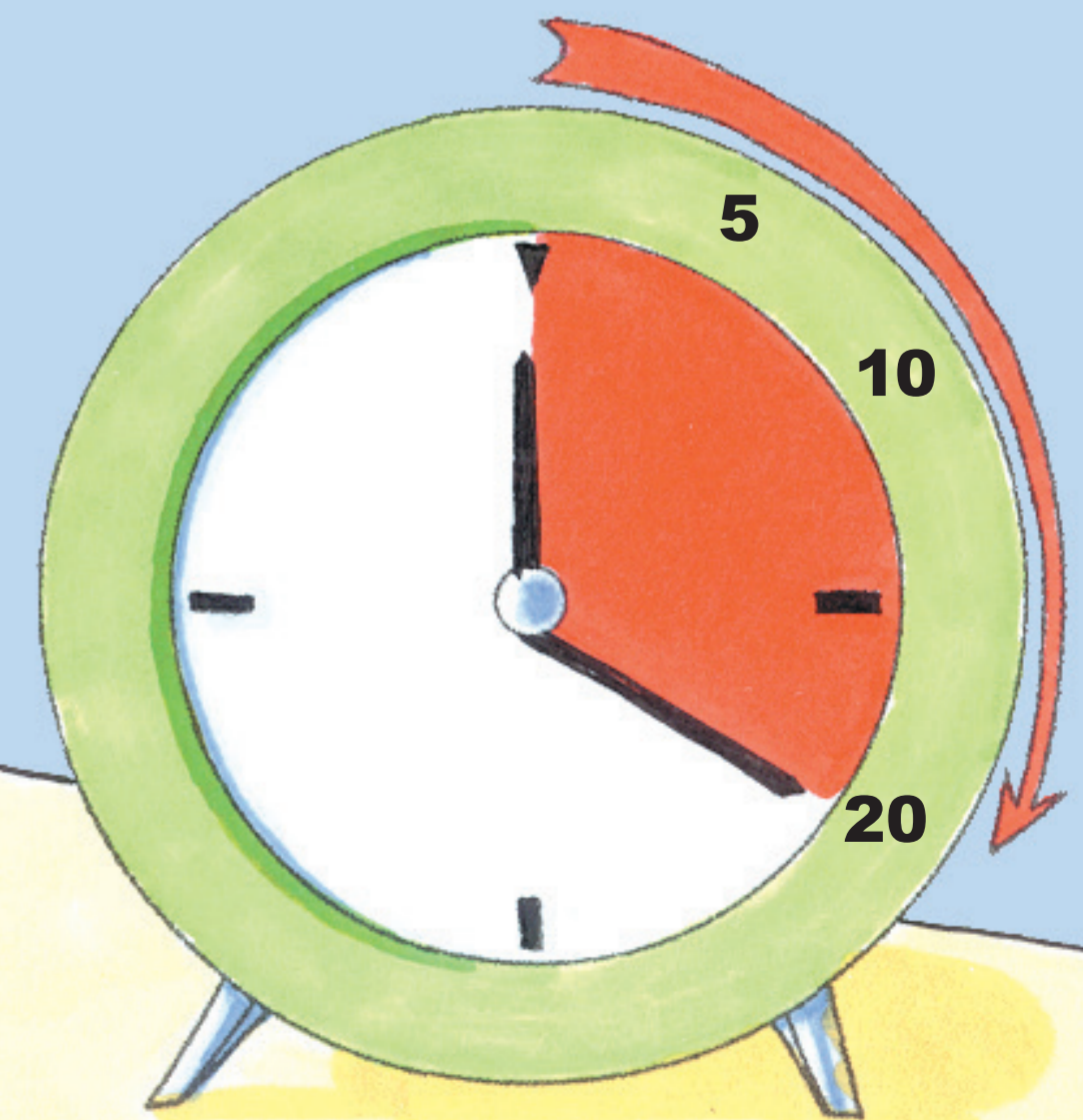


Pholisa ukutsha kangangemizuzu eyi-20.

Hou die brandwond koel!



Plaas die brandwond in koel water!



Hou dit in die koel water vir 20 minute.